



# Rise & Achieve FOUNDATION

## Parent/Guardian of Minor Waiver Form (All Parents and Guardians Must Complete)

I, \_\_\_\_\_, being at least 18 years of age, hereby state that I am the parent or legal guardian of \_\_\_\_\_. I further state that my child is healthy and that strenuous exercise will not pose any danger to my child's health. I understand and acknowledge that the sport of football is physical and that the risk of injury while engaging in this sport is a reality. I further understand that by allowing my child to engage in the sport of football at (Rise & Achieve) there is a potential risk of injury, whether through personal negligence, through the negligence of another athlete, or through purely accidental means.

I fully understand the types of risks to which I am subjecting my child by allowing him to engage in the sport of **Flag Football** at (Rise & Achieve) Possible risks include:

- \*Injuries from any manner of falls while on the field
- \*Injuries from accidental contact w/other athletes
- \*Injuries from ankle sprains, strained or pulled muscles

I understand that the above list is not inclusive and that by playing football at (Rise & Achieve) my child could be injured in some way not listed above. In recognition of all the above, and in consideration of my child being allowed to use the programs and facilities offered by (Rise & Achieve) I hereby assume all risk of injury on behalf of my child. I release, discharge and hold (Rise & Achieve) harmless from any liability resulting from injury suffered by me arising out of my child's participation, whether proper or improper, of the programs or facilities at (Rise & Achieve). Furthermore, I voluntarily waive all rights to bring legal action against (Rise & Achieve) or any of its agents or coaching staff for any cause related to my child's use of its programs and facilities.

By signing this release, I expressly state that I have read this document and that I fully understand and accept its contents.

Name of Child \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name of Parent or Guardian (Print) \_\_\_\_\_ Today's Date \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Relationship to Child \_\_\_\_\_

Street Address \_\_\_\_\_ City and State \_\_\_\_\_

Zip Code \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Please return with Registration Form**

*"Together We Can Make A Difference"*